



i'm
HADLEY
HEN

MARCH

2020

TDA's March 2020 Menu Calendar

**SCHOOL
BREAKFAST
WEEK**
MARCH 2-6
SquareMeals.org/SBW

M SAUSAGE KOLACHE, YOGURT, FRUIT, JUICE, MILK 2	T CHEESE OMELET WRAP, FRUIT, JUICE, MILK 3	W WAFFLES, SAUSAGE, FRUIT, JUICE, MILK 4	TH FRENCH TOAST, SAUSAGE, FRUIT, JUICE, MILK 5	F DONUTS, SAUSAGE, FRUIT, JUICE, MILK 6
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SPRING BREAK 9	SPRING BREAK 10	SPRING BREAK 11	SPRING BREAK 12	SPRING BREAK 13
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PANCAKES, SAUSAGE, FRUIT, JUICE, MILK 16	HAM&CHEESE BARS, HASHBROWNS, FRUIT, JUICE, MILK 17	BISCUIT, GRAVY, SCRAMBLED EGGS, BACON, FRUIT, JUICE, MILK 18	BANANA/ BLUEBERRY MUFFINS, YOGURT, FRUIT, JUICE, MILK 19	ENRICHMENT DAY 20
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WAFFLES, BACON, FRUIT, JUICE, MILK 23	SAUSAGE, EGG, CHEESE BISCUIT, FRUIT, JUICE, MILK 24	BREAKFAST PIZZA, FRUIT, JUICE, MILK 25	BISCUIT, GRAVY, SAUSAGE, FRUIT, JUICE, MILK 26	CINNAMON ROLL, SAUSAGE, FRUIT, JUICE, MILK 27
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SAUSAGE BISCUIT, FRUIT, JUICE, MILK 30	HAM&CHEESE BARS, HASHBROWNS, FRUIT, JUICE, MILK 31
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GOOD EATS AT

MENU SUBJECT
TO CHANGE

JUICE AND MILK
VARIETY SERVED
DAILY

SPECIAL ANNOUNCEMENTS

*In accordance with the Federal law and U.S. Department of Agriculture policy, this is prohibited from discriminating on the basis of race,color,national origin,sex,age or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue,SW, Washington, D.C. 20250-9410 or call toll free (866)632-9992(Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800)877-8339; or (800)845-6163(Spanish). USDA is an equal opportunity provider and employer.



The Art Contest Continues!
Enter today! Deadline next month!
SquareMeals.org/ArtContest



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER



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HADLEY HEN



Hadley Hen was always a smart chick, but one day a radioactive ray of sunlight landed on her head and gave her super intelligence. The eggs that she lays provide protein, vitamins and minerals for kids every day at breakfast. Eggs are a smart way to make the grade and help you feel great all day!

HADLEY HEN'S FAVORITE ACTIVITY

Bowling



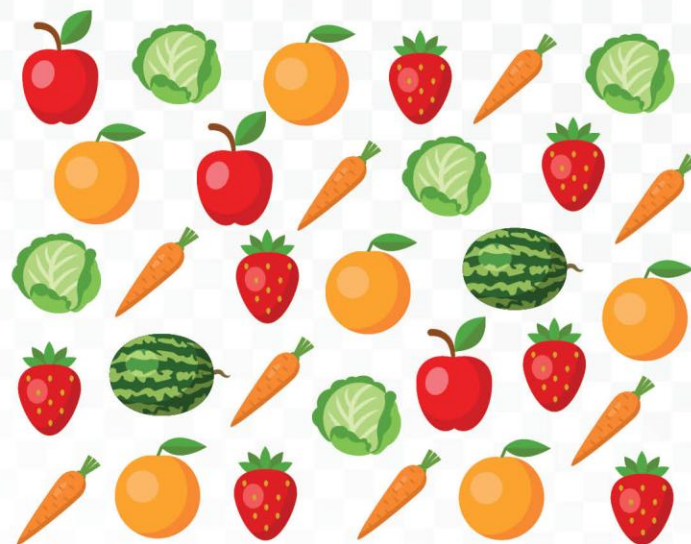
WHAT TO KNOW

This month celebrate School Breakfast Week in Texas by starting each day with healthy Texas Foods.

School Breakfast Week is a great time to try foods from farms and ranches in every part of the state! There are almost 250,000 farms and ranches in Texas and that is more than any other state. Eggs, milk, lean meat, fruit, vegetables, and whole grains are all part of a good breakfast- and they're all produced right here in Texas.

HOW MANY?

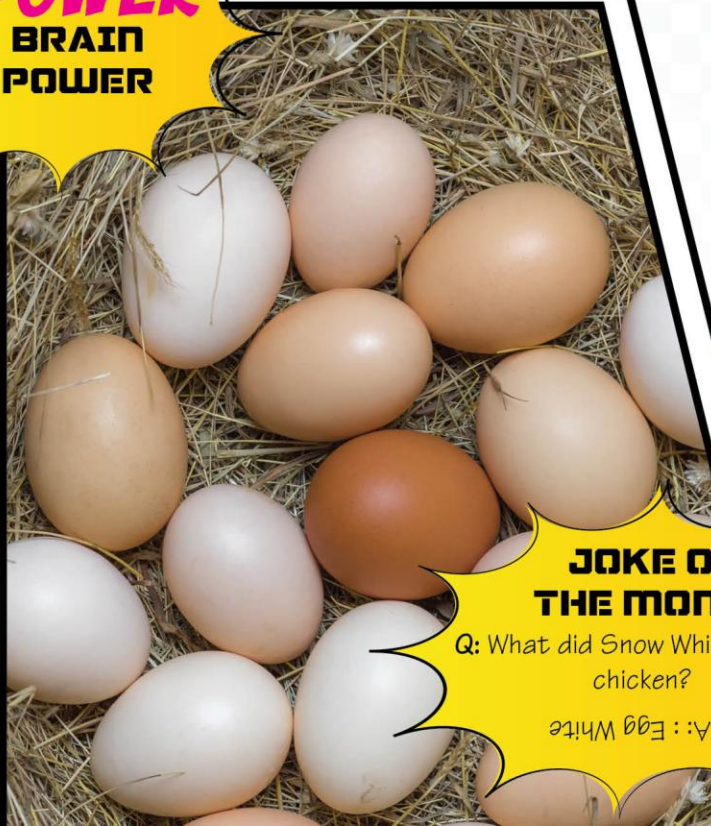
Count the correct number of each fruit or vegetable below.



FUN FACT

Eggs are an "egg-cellent" source of choline, a nutrient your entire body needs to grow!

POWER BRAIN POWER















JOKE OF THE MONTH

Q: What did Snow White call her chicken?

A: Egg White



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	_____		_____
	_____		_____

- | | | | |
|---|---|---|---|
| 5 |  | 8 |  |
| 3 |  | 7 |  |
| 2 |  | 6 |  |